



# Harmony Weightlifting

*"Home of the Longhorns"*



2024 Boys Weightlifting Schedule

\*Weigh-in and Lifting times are subject to change\*

Date	Opponent	Location	weigh-in	Lift
Jan. 25 Thur.	Mock Meet	HHS	2:30	3:00
Jan. 31 Wed.	STC, LHS, Toho, St. Ed	SCHS	3:00	5:00
Feb. 8 Thur.	STC, LHS, Toho	SCHS	3:00	5:00
Feb. 14 Wed.	STC, CHS, LG	SCHS	3:00	5:00
Feb. 21 Wed.	STC, FLG, Toho	HHS	3:00	5:00
Feb. 28 Wed.	STC, SC, AUB	SCHS	3:00	5:00
Mar. 6 Wed.	STC,	HHS	3:00	5:00
<b>Mar. 11-15</b>	<b>Spring Break</b>	HHS	8:00	8:00
Mar. 15 Fri.	Invitational	SCHS	TBD	TBD
Mar. 20 Wed.	JV OBC's	SCHS	3:30	5:30
Mar. 22 Fri.	<b>OBC Championship</b>	HHS	3:30	5:30
Mar. 29 Fri.	<b>District Championship</b>	HHS	3:30	5:30
Apr. 6 Sat.	<b>Regional Championship</b>	SCHS	TBD	TBD
Apr. 18-20	<b>FHSAA State Finals</b>	Lakeland	TBD	TBD

# “IRONWORKS”